



Cromwell & Districts Presbyterian Church

Sunday 19th July 2026

Speaker: Reece Frith

Sermon: "Gideon – Facing Fear"

Readings: Judges 6:1-28



**Remember all of our church services & notices are on our
website: www.cromchurch.co.nz**

& W  NDERFUL

GIVE
THANKS

Combined class
School Holidays
Program

'I AM SECURE'

5TH, 12TH & 19TH
JULY

Grateful!

believe


**LIGHT
Party**
a positive alternative to halloween

OUR ANNUAL LIGHT PARTY IS FAST
APPROACHING, IF YOU HAVE A CREATIVE
EYE WE WOULD LOVE YOU TO HELP WITH
THE DECORATING OF THE CHURCH FOR
THIS EVENT!

GET IN TOUCH WITH EMILY IF KEEN

CREATIVE

eam

WHAT'S HAPPENING THIS WEEK

Praying For Others

Mondays, 7pm at the church

Enquiries to Marie 445 1814

Know Your Bible Ladies Group

Enquiries to Lesley 445 3122

Friday Ladies Bible Study/Home Group

Friday's at 10.00am

Enquiries to Ann-Marie 021 0388 912

Abide and Grow Study Group

Fridays, 10.30am at the church

Enquiries to Anna 022 109 7475

Ignite The Truth Home Group

2nd Sunday of the month @ 7pm

Enquiries to Judy 027 226 3069

Ladies Bible Study

Wednesdays, 9.45am at the church

Enquiries to Edith 445 1340

Standing Pilates with Shirley & Joan

Monday's, 9.30am at the church

Mainly Music

Tuesday's, 10am during term time

Youth Group

Wednesday's, 6.30pm

Enquiries to Trish 027 442 4992

Tuesday Evening Home Group

Enquiries to June 0272 487 563

Big Change 4 Small People

June's collection went towards helping support the teenage girls Baan Faa Mai Home in Northern Thailand, that Malcolm and Sandy Potter helped establish - They are currently there now!

July's collection is going to support the work Youngs left behind in Malawi – the 'STUM Sunday School Project'. The money will be used to print Sunday School Teacher lesson books (in their own language) that are widely distributed and much appreciated throughout Malawi. Jim Young and family are actually in Malawi now, so please pray for them as they continues to encourage and help direct this work.

Two Course Tuesday

Next Two Course Tuesday meal is on
Tuesday 28th July.

Cost of the meal is \$15

Please RSVP to Nicola in the office on 03 445 3078 or
email office@cromchurch.co.nz to register no later
than noon the day before.

Judges 6:1-28

6 The Israelites did evil in the eyes of the Lord, and for seven years he gave them into the hands of the Midianites. ² Because the power of Midian was so oppressive, the Israelites prepared shelters for themselves in mountain clefts, caves and strongholds. ³ Whenever the Israelites planted their crops, the Midianites, Amalekites and other eastern peoples invaded the country. ⁴ They camped on the land and ruined the crops all the way to Gaza and did not spare a living thing for Israel, neither sheep nor cattle nor donkeys. ⁵ They came up with their livestock and their tents like swarms of locusts. It was impossible to count them or their camels; they invaded the land to ravage it. ⁶ Midian so impoverished the Israelites that they cried out to the Lord for help.

⁷ When the Israelites cried out to the Lord because of Midian, ⁸ he sent them a prophet, who said, “This is what the Lord, the God of Israel, says: I brought you up out of Egypt, out of the land of slavery. ⁹ I rescued you from the hand of the Egyptians. And I delivered you from the hand of all your oppressors; I drove them out before you and gave you their land. ¹⁰ I said to you, ‘I am the Lord your God; do not worship the gods of the Amorites, in whose land you live.’ But you have not listened to me.”

¹¹ The angel of the Lord came and sat down under the oak in Ophrah that belonged to Joash the Abiezrite, where his son Gideon was threshing wheat in a winepress to keep it from the Midianites. ¹² When the angel of the Lord appeared to Gideon, he said, “The Lord is with you, mighty warrior.”

¹³ “Pardon me, my lord,” Gideon replied, “but if the Lord is with us, why has all this happened to us? Where are all his wonders that our ancestors told us about when they said, ‘Did not the Lord bring us up out of Egypt?’ But now the Lord has abandoned us and given us into the hand of Midian.”

¹⁴ The Lord turned to him and said, “Go in the strength you have and save Israel out of Midian’s hand. Am I not sending you?”

¹⁵ “Pardon me, my lord,” Gideon replied, “but how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family.”

¹⁶ The Lord answered, “I will be with you, and you will strike down all the Midianites, leaving none alive.”

¹⁷ Gideon replied, “If now I have found favor in your eyes, give me a sign that it is

really you talking to me. ¹⁸ Please do not go away until I come back and bring my offering and set it before you.”

And the Lord said, “I will wait until you return.”

¹⁹ Gideon went inside, prepared a young goat, and from an ephah of flour he made bread without yeast. Putting the meat in a basket and its broth in a pot, he brought them out and offered them to him under the oak.

²⁰ The angel of God said to him, “Take the meat and the unleavened bread, place them on this rock, and pour out the broth.” And Gideon did so. ²¹ Then the angel of the Lord touched the meat and the unleavened bread with the tip of the staff that was in his hand. Fire flared from the rock, consuming the meat and the bread. And the angel of the Lord disappeared. ²² When Gideon realized that it was the angel of the Lord, he exclaimed, “Alas, Sovereign Lord! I have seen the angel of the Lord face to face!”

²³ But the Lord said to him, “Peace! Do not be afraid. You are not going to die.”

²⁴ So Gideon built an altar to the Lord there and called it The Lord Is Peace. To this day it stands in Ophrah of the Abiezrites.

²⁵ That same night the Lord said to him, “Take the second bull from your father’s herd, the one seven years old. Tear down your father’s altar to Baal and cut down the Asherah pole beside it. ²⁶ Then build a proper kind of altar to the Lord your God on the top of this height. Using the wood of the Asherah pole that you cut down, offer the second bull as a burnt offering.”

²⁷ So Gideon took ten of his servants and did as the Lord told him. But because he was afraid of his family and the townspeople, he did it at night rather than in the daytime.

²⁸ In the morning when the people of the town got up, there was Baal’s altar, demolished, with the Asherah pole beside it cut down and the second bull sacrificed on the newly built altar!

Church Volunteers & Helpers

As some of our wonderful church volunteers age gracefully, move on or step back from 'not being so involved'. We are asking where more of our church family can help in the many and varying things that go on in this busy and vibrant place.

If you are already on the roster or if you are new to us and would like to help in any way, please fill in the form and return/submit.

Please take time to scan the QR code below and fill in the online form and submit it. If you do not know how to use the QR code then pick up a paper copy of the form from the side desk in the foyer and fill in the questionnaire.



Thank you for taking the time to do this for us.

PRAYER SUPPORT

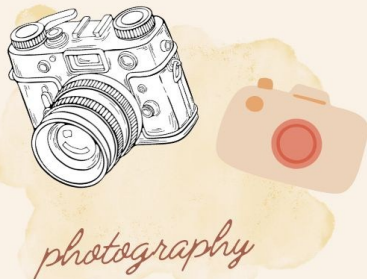
Did you know you can access prayer support in various ways in church? If and when you would like someone to pray with you or for you, you can

1. Approach any elders after church service
2. If you prefer, you can also write your prayers and put them in the Prayer box in the foyer (left as you go thru main entrance). Pen and paper available. Every Monday evening, the church Prayer Group will support and join you in your prayers. The prayers will not be read by any one, they will be presented to the Lord and then burnt or shredded.
3. Contact Pastoral Care coordinator, Sandra Hunter, who can arrange for someone to come and pray with you.

Sharing Hobbies & Crafts



Saturday 1st August 2026
10am - 2pm
Cromwell Presbyterian Church
Gymnasium



Help...

We seem to be missing some bits and pieces from the kitchen.

Do you have any pots, platters, dishes, ramekins etc that belong to the church lurking in your cupboards?

Maybe you have taken food home on them and forgotten to bring them back.



CHURCH SERVANTS FOR 26th July 2026

Elder on Duty: Aisea M

Manager on Duty: Carl G

9AM SERVICE

10:30AM SERVICE

Welcome: Sandra H

Welcome: Bev C

Welcome MT: Phyllis S

Welcome MT: Suzy & Peter W

Prayers: Edith G

Prayers: Marie S

Readings: Dorothy M

Readings: Lianca G

Music: Judy M

Music: Murray R

Morning tea: Irene W & Dorothy M Church cleaning: Kate & Lindsay B

If you're unable to serve, please arrange a swap and advise the church office.

Donations To Our Church

Did you know there are many ways you can give to **Cromwell Presbyterian Church**?

- * Cash or *Eftpos (available on request)
- * Direct credit or internet banking into **Cromwell Presbyterian Church**
- * Account number: **02 0920 0013787 00.**
- * Reference: Tithes for Offerings or **BC4SP** for Big Change 4 Small People

Contacts:

Minister: Rev Reece Frith

Mobile: 021 112 4035

Email: minister.cromchurch@gmail.com

Session Clerk: Barbara Carston

Email: sessionclerk.cromchurch@gmail.com

Mobile: 027 445 3415

Church Office: Administrator: Nicola Clark

Phone: 03 445 3078

Postal: 10 Elspeth Street

Email: office@cromchurch.co.nz

PO Box 100, Cromwell

Website: www.cromchurch.co.nz

Office Hours: Monday to Friday 9am-2:30pm .

Newsletter items by **9am Thursday**, please.